By taking part in the Live Yes! INSIGHTS™ assessment, you’ll be among those changing lives today and changing the future of arthritis, for yourself and for 54 million others. And all it takes is just 10 minutes.

By sharing your experience, you’re showing decision-makers the realities of living with arthritis, paving the way for change. You’re helping break down barriers to care, accelerate research and create resources that make a difference in people’s lives, including your own.

**NOW IS THE TIME** to make your voice count, for yourself and the whole arthritis community.

**Don’t miss out.**

Go to arthritis.org/INSIGHTS

---

**Continue the Conversation!**

Go to our Live Yes! ONLINE COMMUNITY and discuss how your participation is changing the future of arthritis.

LiveYes.arthritis.org